

**Your Horse Adventures**  
**Brandy House Farm, Felindre, Knighton, Powys. LD7 1YL**  
**www.yourhorseadventures.co.uk**

Name .....

Ride Dates.....

**Self- Guided Rider Declaration**

- I can ride and lead my horse over rough ground that may be steep and slippery
- I do not suffer any illness or disability that may prejudice my safety or that of others whilst riding in the hills
- Whilst I am able to follow route directions I am also able to read maps and take compass bearings on open hills that are sometimes difficult to navigate in variable conditions eg fog. I accept that unavoidable changes may occur eg a fallen tree necessitating departure from the marked route.
- I accept to undertake to ride this trail at my own risk
- **Safety Guidelines**
  1. Riding is a potentially dangerous sport, and riding over the moorland in the company of other horses carries its own risk. Accidents can and do happen, another horse may spook, setting off a chain reaction or your horse may put a foot in a rabbit hole or stumble on rutted ground. It is important that you are aware of the risks and agree to accept the inherent dangers involved.
  2. You will be riding in the company of other riders and safety of both horse and rider is of paramount importance. It is imperative that you take responsibility of not only your own safety but also look out for the safety of others.
  3. You will be responsible at all times for controlling your own horse and ensuring that he or she does not cause a danger to other riders/horses.
  4. Horses are potentially dangerous. Any horse can kick out or bite. Although your own horse may be safe others might not be.
  5. You know your own horse best. Please inform your fellow riders of any potential idiosyncrasies your horse may have. (Eg, doesn't like tractors or isn't good in traffic)
  6. The weather on the moorland can change rapidly. High winds or poor visibility may mean that you have to alter your route.
  7. Even if it is bright and sunny when you set off, the weather conditions can be vastly different on the hills. Please ensure that you take suitable warm clothing and wet weather gear.
  8. The Welsh hills are not 'manicured' parkland. Plastic, wire, metal sheeting, carcasses, wild ponies, sheep, cattle, old farm implements and vehicles may all be encountered. In strong winds flapping plastic can become an extreme hazard. Low flying jets can be a further potential hazard. Please be vigilant to these hazards and adapt your riding accordingly.
  9. Please note that the BHS recommend the wearing of florescent tabards.
  10. We would recommend you carry a small horse/human first aid kit and plenty of water to last you throughout the day.
  11. Hard hats must be worn at all times whilst riding. Hats should conform to BHS standards, BSEN1384 or PAS015.
  12. Your horse is your responsibility.

I have read and understood the above points

Signature:

Date

## **Rider Contact Details**

## **Date of Ride**

Name

Address

Telephone no

## **Emergency Contact Details**

Name

Relationship

Telephone no

Next of Kin:

Name and details of your GP

Allergies or Existing Medical Problems